



ASTHMA COUGH REMEDY

HEAL LUNGS - VANISH COUGHING

COCONUT WATER

Coconut water - lungs friction on coconut water - fluid in lungs - riddance of inflamation

Drink two times - Hot coconut water (Virgin) - 2 Times Morning & Late Afternoon - A life time management

RED WINE

Red Wine - Rough & Tough lungs - Vanish Asthma cough Six times in 3 weeks for 3 Years

MOOD BEHAVIOR

Mood behavior of perfection caues Asthma, Imperfection Frees the Lungs, Lung fluid stable, A mind thing, Soothern heart and mouth, cures Asthma Attack, fluid in love stable, Asthma fluid of love, reverses Asthma

TONIC TALK SHOW

A podcast by Dr. Emily Lipinsky



RESEARCH LINKS ↓

COCONUT WATER

Link 1 : <https://bit.ly/2PjorIQ> Link 2 : <https://bit.ly/3k5Sp18> Link 3 : <https://bit.ly/2XsjCS5>

RED WINE

Link 1 : <https://bit.ly/2XmuAlv> Link 2 : <https://bit.ly/3kcqIDN> Link 3 : <https://bit.ly/2EIDMAx>

MOOD BEHAVIOR

Link 1 : <https://bit.ly/3i96j0P> Link 2 : <https://bit.ly/30v2r4I>

POD CAST LINK

Link 1 : <https://bit.ly/33kIK0N>

#Rim